






# Leadership Coaching

Fast-track your growth and leverage your strengths with personalised, one-to-one coaching support for leaders at all levels



-  **Ideal for** Leaders at all levels
-  **Gender** All genders
-  **Duration** One or more sessions
-  **Commitment** 1 hour per session
-  **Delivery** 1:1 coaching delivered online



## About leadership coaching

Leadership coaching is your fast-track to professional growth.

Leadership coaching – sometimes called executive coaching or personal coaching – is a powerful one-on-one development experience supported by a qualified coach that helps you identify your goals and work towards them.

Leadership coaching enables great leadership by providing a safe and supportive space for you to reflect, experiment, learn from mistakes, and ultimately grow. You'll benefit from a truly personalised development experience, with flexible delivery that fits your schedule.

Leadership Coaching sessions are 60-minutes in duration and delivered online via Zoom.

## Participant profile

Providing personalised support, Leadership Coaching is suitable for leaders at all levels, of all genders and across all industries. Coaching is delivered online, at a time that suits you, and is ideal for busy professionals seeking a tailored experience that is flexible and efficient.

## Learning Outcomes

Define your personal learning goals with your coach in line with your needs and aspirations.

Reconnect with your purpose and what's really important to you

Explore your challenges in a safe and supportive environment

Challenge your beliefs & assumptions and be open to new possibilities

Identify and leverage your strengths and achievements

Unpack mistakes and learn from setbacks

Be creative and generate your own solutions

Build your confidence and be courageous

# Benefits of Leadership Coaching

Leadership coaching can help you:



## Deepen self-reflection and awareness

Take time to reflect on your strengths, behaviours and mindset in order to develop deeper self-awareness, understanding and compassion.



## Improve your leadership capability and performance

Foster a growth mindset and identify areas for development and improvement, especially during periods of disruption or change.



## Clarify personal goals and leverage your strengths

Foster a growth mindset and identify areas for development and improvement, especially during periods of disruption or change.



## Identify blind spots and shift unhelpful habits

Be challenged to reflect on your blind spots, unconscious biases and unhelpful assumptions in order to consider alternative perspectives and reframe challenges.



## Navigate challenging dynamics or relationships

Refine your interpersonal skills and develop strategies to build your influence and strengthen or repair relationships.



## Design your career path or leadership legacy

Draw on your values to guide your career goals and work towards a leadership legacy that will deliver lasting impact.

## Enquiries & enrolments

Your 60-minute one-on-one coaching sessions will be delivered virtually and tailored by your coach to address your specific goals.

To find out more or enrol, contact our friendly Program Advisors.



1300 938 571

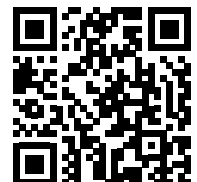


[enrolments@wla.edu.au](mailto:enrolments@wla.edu.au)



I worked with my Coach with the intention of focusing on accountability to my goals, and helping me become a better leader. I got all of this, and in addition, a timely focus on resilience and looking after myself first, so that I could in turn, support others.

**Emma**  
Manager, Client Services



# Leadership Coaching Registration

Participant name: \_\_\_\_\_

How do you describe your gender?: \_\_\_\_\_

If you selected Other: \_\_\_\_\_

Position title: \_\_\_\_\_

Organisation: \_\_\_\_\_

E-mail: \_\_\_\_\_

Mobile phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Workplace address: (to appear on the invoice) \_\_\_\_\_

## Fees

<b>Standard fee</b>	\$660 (+GST) Per Session
<b>3 session Package</b>	\$1,815 (+GST)
We offer 6- and 12-session packs at a further discount. Enquire to find out more: <a href="mailto:enrolments@wla.edu.au">enrolments@wla.edu.au</a>	

**Totals**

Number of sessions: \_\_\_\_\_

Total registration fees due: \$ \_\_\_\_\_

## Fee Payment Details

Option 1: Self-funding

Option 2: Organisation funded

Option 3: Joint funded

Purchase order no: \_\_\_\_\_

Expected split (\$ or %) Self: \_\_\_\_\_

Organisation: \_\_\_\_\_

## Authorisations

Participant signature: \_\_\_\_\_

Date: / / \_\_\_\_\_

In the situation that the organisation will be funding all or part of the program fee applicants must obtain the signature of an organisational representative to proceed with registration.

Authorising persons name (if different to participant): \_\_\_\_\_

Position title: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: / / \_\_\_\_\_

## Next Step

- Send this form to [enrolments@wla.edu.au](mailto:enrolments@wla.edu.au)
- Your first coaching session will be booked after payment has been received

Payment in full must be made prior to commencement of the first coaching session. Submission of this registration form confirms your intention and capability to make full payment of the Program Fee. Packages will have a maximum utilisation period equivalent to an average of one session per month, plus one additional month of flexibility. A substitute coachee is welcome with written notification received prior to the first coaching session. No substitution fees will be charged. No substitutions are permitted following the first coaching session. In the event you wish to cancel your Coaching Program more than 30 days prior to the first coaching session, you agree to pay a cancellation fee of 10% of the Package Fee. If you cancel your registration less than 30 days before the first coaching session, you agree to pay a cancellation fee of 30% of the Package Fee. Following the first coaching session, no "change of mind" cancellation refunds will be provided. None of the above compromises your rights under Australian Consumer Law. Either party can only be rescheduled with at least 5 business days' notice. Only under extenuating circumstances will this reschedule period be waived. Documentary evidence may be requested. In any other circumstances the session will be forfeited. If you do not attend a scheduled coaching session and have not organised a reschedule, the coaching session will be forfeited.

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